

FROM THE KITCHEN

Appetizers

SPRING ROLLS R 60*

vegetarian spring rolls served with tzatziki and sweet chilli sauce

SOUTH AFRICAN CURRYWURST R 70*

traditional South African boerewors topped by a spicy homemade curry salsa served with our homemade country bread

PORTUGUESE SHERRY MUSSELS R 70

the spicy way served with roasted slices of our homemade country bread

Soups

TOMATO SOUP R 60*

spicy and juicy tomato soup served with our homemade country bread

BUTTERNUT SOUP R 60*

a South African favourite: creamy butternut soup served with our homemade country bread

Salads

GREEN SALAD R 70*

mixed lettuce, cucumber, tomatoes, mixed peppers, celery cubes, olives, crumbled feta, homemade dressing à la Albert served with our homemade country bread

BUTTERNUT SALAD R 70*

mixed lettuce, rocket, butternut stripes, parmesan cheese, homemade red balsamico dressing served with our homemade country bread

QUINOA & BEETROOT SALAD R 70*

mixed lettuce, quinoa, beetroot, crumbled feta, avocado, homemade white balsamico dressing served with our homemade country bread

CHICKEN SALAD R 80*

mixed lettuce, cucumber, tomatoes, mixed peppers, celery cubes, chicken breast, homemade Italian dressing served with our homemade country bread

OSTRICH SALAD R 80*

mixed lettuce, cucumber, tomatoes, mixed peppers, celery cubes, ostrich fillet stripes, homemade red balsamico dressing served with our homemade country bread

***AVAILABLE ALL DAY**

Parkes Manor

EST. 1927 - KNYSNA - SOUTH AFRICA

Pastas

PENNE WITH TOMATO SALSA R 80*

served with a mild tomato salsa (or spicy to your taste) and parmesan cheese

FETTUCCINE ALBERTO R 80*

served with our version of a creamy Alfredo sauce and parmesan cheese

VEGETABLE TAGLIATELLE WITH PESTO R 80*

served with our homemade green pesto and parmesan cheese

GNOCCHI WITH BLUE CHEESE SAUCE R 80*

served with a creamy blue cheese sauce and parmesan cheese

Mains

VEGETARIAN DELIGHT R 100

aubergine and parmesan schnitzels with a smoky tomato sauce

GOURMET OSTRICH BURGER R 120*

topped with a red onion marmalade and feta on crispy lettuce served with potato fries

300GR GRILLED HAKE R 160

served with savoury rice, vegetables and lemon butter sauce

250GR GRILLED BEEF FILLET R 190

served with garlic mash, sautéed greens and a rich jus

CUT OR CATCH OF THE DAY RQ

please ask our team for today's choices and side dishes

Sandwiches & Wraps

VEGETARIAN SANDWICH R 70*

homemade country bread, lettuce, tomatoes, homemade pesto, mozzarella cheese served with a fresh salad bouquet

HAM & CHEESE SANDWICH R 70*

homemade country bread, lettuce, ham, homemade mayonnaise, egg, onion rings, cheddar cheese served with a fresh salad bouquet

BEEF SANDWICH R 80*

homemade country bread, lettuce, roast beef, mustard, gherkins, cheddar cheese served with a fresh salad bouquet

VEGETARIAN WRAP R 80*

tortilla wrap filled with bell pepper strips, lettuce, cucumber and camembert cheese slices

CHICKEN & AVOCADO WRAP R 80*

tortilla wrap filled with spicy chicken strips, avocado, lettuce and tomato

Desserts

MALVA PUDDING R 50

a truly South African special served with custard

CHEESE CAKE R 50

served with fresh fruits of the season

FRESH FRUIT SALAD R 50*

served with vanilla ice cream

CAMEMBERT FOR TWO R 200

served with burnt oranges, balsamic grapes and phyllo-wrapped apple

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